

Resources at UT Austin for Faculty & Staff

WELLNESS RESOURCES

Anxiety & Stress Clinic

Individual and group therapy for anxiety and stress-related disorders

<https://clinics.la.utexas.edu/anxiety-and-stress-clinic/>

Employee Assistance Program (EAP)

Counseling services available to faculty and staff

<https://eap.utexas.edu/>

Wellness Network

Campus-wide coalition committed to assessing health and wellness at UT-Austin

<https://www.wellnessnetwork.utexas.edu>

Recreation Sports: Fitness & Wellness

Programs for physical fitness and healthy lifestyle behaviors

<https://utrecsports.org/fitness-and-wellness>

Behavioral Concerns Advice Line (BCAL)

512-232-5050, report concerns about students, faculty, staff

<https://besafe.utexas.edu/behavior-concerns-advice-line>

UT Police Department

UT-Austin's dedicated police department

<https://police.utexas.edu/>

HealthPoint Work/Life Balance Services

Work/life resource and referral services

<https://hr.utexas.edu/current/services/healthpoint-work-life-services>

HealthPoint Wellness Program

Resources to improve the health and well-being of faculty and staff

<https://healthpoint.utexas.edu/>

Living Well

Health resources for developing personal wellness goals

<https://www.utsystem.edu/offices/employee-benefits/living-well>

CAMPUS CLIMATE RESOURCES

Division of Diversity & Community Engagement

Cultivate an inclusive campus culture, connect with the community, and offer academic support

<https://diversity.utexas.edu/>

Office for Inclusion and Equity

Resources to advance a diverse, equitable, and supportive campus; report bias incidents

<https://equity.utexas.edu/>

Title IX Office

Report instances of sexual harassment, sexual discrimination, exploitation and intimidation

<https://titleix.utexas.edu/>

Asian/Asian American Faculty and Staff Association (AAAFSA)

Support, celebrate, and empower Asian and Asian American faculty and staff

<http://sites.utexas.edu/aaafsa/>



Black Faculty Staff Association

Advocating progress for Black staff, faculty and students

<https://diversity.utexas.edu/bfsa/>

Engineering Faculty Women's Organization (EFWO)

Organizes events for women faculty and gives a voice to issues commonly affecting women faculty

Faculty Women's Organization

Community of women scholars to provide support for women and families

<https://sites.utexas.edu/fwo/>

Hispanic Faculty Staff Association

Opportunities for social and cultural interaction among Hispanic/Latinx professionals

<http://sites.utexas.edu/hfsa/>

Pride and Equity Faculty Staff Association

Resource group to promote the interests of LGBTQ+ and allied faculty and staff

<http://sites.utexas.edu/pefsa/>

Staff Council

Activities and initiatives to improve quality of life and effectiveness of staff members

<https://staffcouncil.utexas.edu/>

Faculty Affairs

Support inclusive climate of advancement and growth for all faculty

<https://provost.utexas.edu/faculty-affairs>

UT Learning and Development

Professional development resources for faculty and staff

<https://hr.utexas.edu/learning-development>

PROFESSIONAL DEVELOPMENT & GOVERNANCE RESOURCES

Faculty Innovation Center

Graduate student pedagogical, academic, and professional support

<https://facultyinnovate.utexas.edu/>

Ombuds Office

Assistance with addressing difficult situations

<https://ombuds.utexas.edu/faculty>

<https://ombuds.utexas.edu/staff>

Faculty Council

Faculty oversight of curriculum and policy decisions

<https://facultycouncil.utexas.edu/>